## Declaration of Marianne Bland

I, Marianne Bland, have personal knowledge of all facts set forth in this declaration and am competent to testify thereto if called upon to testify in a court of law. I hereby declare:

- 1. My name is Marianne Bland, and I reside at 5850 Bridgecross Dr, Sacramento, CA 95835
- 2. I have been a utility customer of SMUD since June of 2008 with a perfect payment record
- 3. I have suffered ill health effects since the forced installation of a Smart Meter on our home in early 2011

## Summary of Installation

In Spring of 2011, a SMUD contractor rang our doorbell on a day that I was at home to notify us that he was replacing our analog meter with a Smart Meter. I asked the contractor to stop, and called my husband Rob at work to verify that these were our wishes. I relayed our request to halt Smart Meter installation to the technician, who replied that SMUD did not need our permission and proceeded. Further, he stated that if they left, they would just come back another day to install the Smart Meter when we were not home. The technician left materials referencing a single scientific report to claim that Smart Meters were safe. I was bullied into accepting the installation and told we had no option to reject it.

## **Health Effects**

Shortly thereafter, I began experiencing symptoms including:

- Headaches
- Interrupted sleep
- Anxiety / tachycardia (rapid heartbeat)

These symptoms are most severe in our office and garage, the rooms bordering the Smart Meter, and disappear when I leave the house unless I am in proximity of another Smart Meter, in which case the symptoms return. I have visited both allopathic and homeopathic doctors on multiple occasions to attempt to resolve these symptoms. After examinations that resulted in no underlying physical conditions, I began to suspect the Smart Meter. I researched this topic and found countless reports detailing the potential health effects of RF radiation, as well as thousands of people around the country complaining of the same issues. We have no other forms of wireless electricity in our home; we do not use a microwave, we do not use a wireless router, we do not use cellular phones in our home. Additionally, I do not use any medications. I am certain that the health effects are in correlation to the Smart Meter installation.

I declare under penalty of perjury under the laws of the State of California that the facts set forth above are true and correct to the best of my knowledge. This declaration was executed this 6<sup>th</sup> day of January 2013 in Sacramento, California.

/s/			
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Marianne Bland SMUD Ward 5